

## North American Great Lakes th May 12-16, 2024 | Huron, Ohio

Please join us for a special Early Career Workshop on:

## Tips to Avoid Scientific Burnout

## Tuesday, May 14th at 6:30 pm

Sawmill Creek Resort, Huron, OH

- Learn practical strategies to manage stress and prevent burnout in your scientific career.
- Engage in an interactive panel discussion and Q&A session with experienced mentors who will provide perspectives and recommendations for tackling this prevalent issue.
- Gain valuable insights on work-life balance and maintaining mental well-being.
- Network with fellow early career professionals facing similar challenges.



Organized by the American Fisheries Society's
Early Life History Section Early Career Committee
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